



**The South Australian Masters Cycling Association**

presents

**the 2017 SAMCA**

**State Road Race Championships**

**hosted by the Adelaide Hills Masters Cycling Club**

**Sunday 17<sup>th</sup> September**

Registration:	from 8.00am at Mt Torrens Oval Club Rooms
Race Start:	from 9.30am
Nominations:	SAMCA website
Nominations close:	Wednesday 13 <sup>th</sup> September at 9pm
Entry Fee:	\$15.00
Timing system:	Orion transponders are to be used, but for those who do not own one, one will be supplied free of charge
Grades:	Female and Male, 5 year age groups
Prizes:	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> placegetters in each age group
Course:	All age groups do Tungkillo loop, then depending on age, 1 to 6 Springhead loops
Race Distances:	See legend on attached map
Presentations:	Mt Torrens Oval Club Rooms. Light refreshments provided
Enquiries:	Sarah Rawlinson 0409 910 079

**Please Note:** The course will be race neutral to the top of the first climb out of Mt Torrens



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AHVCC EXTREME WEATHER POLICY APPLIES

## Tungkillo - Springhead Loops

### 2013 SAVCA ROAD RACE Championships

	Number of Springhead Loops	Total Distance
Men 35-39	6	87.7km
Men 40-44	5	78.0km
Men 45-49	5	78.0km
Men 50-54	4	69.3km
Men 55-59	4	69.3km
Men 60-64	3	59.6km
Men 65-69	3	59.6km
Men 70-74	2	48.9km
Men 75-79	1	37.2km
Men 80+	1	37.2km
Women 30-34	4	69.3km
Women 35-39	4	69.3km
Women 40-44	3	59.6km
Women 45-49	3	59.6km
Women 50-54	2	48.9km
Women 55-59	2	48.9km
Women 60-64	1	37.2km
Women 65-69	1	37.2km
Women 70-74	1	37.2km
Women 75+	1	37.2km

