



TOUR OF GOOLWA

24th - 25th February 2018



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Welcome to the 2018 TOUR OF GOOLWA.

2018 marks the sixth staging of the event. This year we are excited to have our new sponsor ADX DEPOT join us as the major sponsor. The Tour was originally conceived as a thought bubble in the mind of Don Taylor. This ignited the enthusiasm of the Adelaide Hills Masters Cycling Club committee and the TOG was born. Over the years cycling Guru Cliff Grant has refined the courses and format. The TOG is now a stand-out event on the SA Cycling Calendar.

The teams' format has proved to be popular so this year there will be Five Divisions. The TOG proudly caters for everyone from the gun riders in Div 1 to the passionate pedlars in Div 5. We especially welcome an outstanding over 70s team this year. The Finniss Store will again be the hub for Day 1. Event registration, transponder checks and strong coffee will soon give way to the Stage 1 **FINNISS GENERAL STORE/PEDAL ACTION** Time Trials. Seconds gained or lost here can be crucial. The gruelling **EADES TRANSPORT** Finniss-Clayton-Milang Road Race on Saturday afternoon has the added challenge of bonus sprint points.

On Sunday it's the turn of the climbers. The **GOOLWA CAMPING TOURIST PARK** Flagstaff Hill Road Race sees riders embracing the 20% gradient of Flagstaff Hill on Stage 3. The final stage is the popular **D & A KELLY CONCRETE "HARDEN UP" HILL CLIMB**. Michael Teniswood's and Nusha Kerin's long standing records are there to be broken so harden up and take home the special prize!

Wonderful sponsors have come on board this year.

Naming rights sponsor **ADX DEPOT**
and our Stage sponsors have been joined by
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The **ROYAL FAMILY HOTEL** provides the venues for the popular Saturday night dinner and Sunday's prize giving. It's not ALL about the racing!

The AHMCC committee and Cliff Grant couldn't stage this event without the selfless contributions of volunteers. Special thanks must go to Paul McGregor. His expertise and enthusiasm are an inspiration. Jason Langbein's initiatives over many years have helped build the event. Bob Cotton manages the Referees. Time keepers John Goddard and Phil Davill do a challenging job brilliantly. Di Tamblyn provides essential first aid. Dave Degenhardt sets up all the four courses. Graham King and Sam Jeffries give up valuable training time to produce the flyers and this program. Marshalls, starters, registration volunteers....we thank them all.

Have an amazing ToG. HAVE FUN! RIDE SAFE!

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**GOOLWA CAMPING
TOURIST PARK**

40 Kessell Rd, Goolwa.

(08) 8555 2144

www.goolwatouristpark.com.au

Saturday Feb 24th

STAGE 1

Time Trial

Start: Finniss General Store
From: 09:30 AM

STAGE 2

Finniss-Milang Road Race

Start: Finniss General Store
From: 1:00 PM

SATURDAY EVENING

Saturday Night Dinner

6:00 PM

Royal Family Hotel Port Elliot

Sunday Feb 25th

STAGE 3

Flagstaff Hill Road Race

Start: Investigator College Goolwa
F Grade - Flagstaff Hill start
From: 09:30 AM

STAGE 4

Crow's Nest KOM TT

Start: Waterport Rd Port Elliott
From: 2:00 PM

PRESENTATIONS

Following Completion of Stage 4

Royal Family Hotel Port Elliot

**In the case of a MAJOR MEDICAL EMERGENCY
PHONE - 000**

For event First Aid PHONE - 0499 463590



32 North Terrace, Port Elliot 5212

Tel: (08) 8554 2219

www.royalfamilyhotel.com.au

Bar & Beer Garden - Live Music - Specials Nights Menu - Accommodation

The Royal Family Hotel is situated in the main street of the picturesque coastal township of Port Elliot, which is 80 kms south of Adelaide on the Fleurieu.

The Pub is in the central part of Port Elliot and in walking distance to many of the towns attractions. The Royal Family Hotel prides itself on having a family atmosphere, a reputation for good value, great food and friendly service.

Pedal Action/Finniss General Store Stage 1 Time Trial

TEAM TIME TRIAL

Divisions 1-5 - 15km

Teams - The teams time is taken on the finish time of the third rider. Each rider will be given their actual finish time for the purposes of the individual GC competition..

Individuals - Riders who are racing in the Divisions as individuals will start in groups of 3-5 riders (depending on numbers) and are permitted to draft off riders in the same start group. In effect this group can race as Team time trial in order to be equitable with riders in the teams competition. There is however, no compunction for individuals to remain within the group as they are racing for individual time only and are free to ride as best suits their purposes. Each rider will be given their own individual time. Prize money for Stage 1 is for the team placings only.

F Grade (10 km)

Riders will set off from the General Store in 1 minute intervals. No drafting of other riders is allowed in F Grade.



Equipment

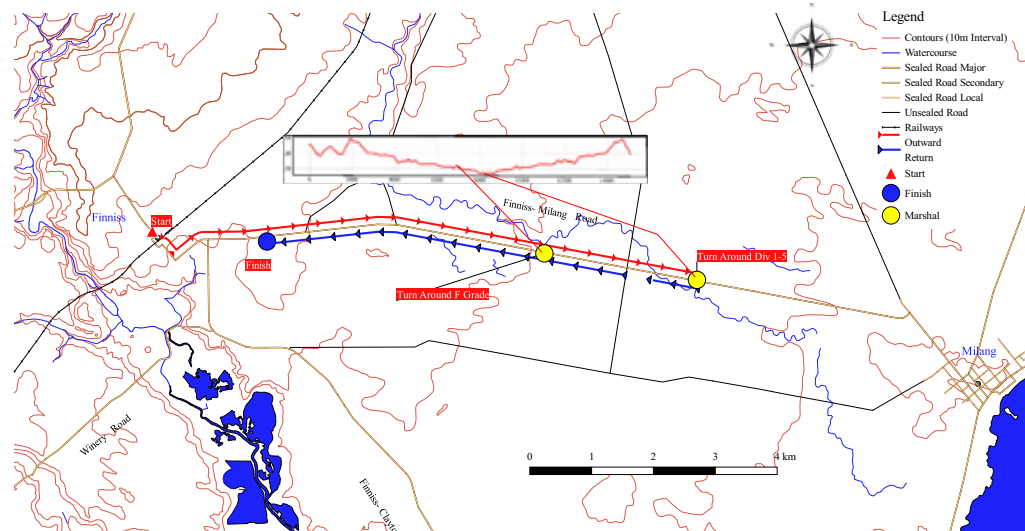
All time trial approved for use by the AVCC (eg TT bikes, disc wheels, skinsuits and aero helmets) is allowed for all riders. No drafting of vehicles or riders with differing start times is permitted.

Transponders

If using a dedicated time trial bike for this event please ensure that your Orion transponder is mounted on it. No transponder- no time recording. At the completion of the time trial also remember to put the transponder back on your road bike for the next road stage.

TOUR of GOOLWA Stage 1 Time Trial (Team)

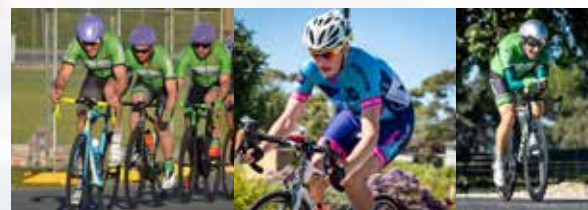
Registration and Start
at Finniss General Store
Div 1-5 :15km
F Grade: 10km



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For more info go to www.pedalaction.com.au

Eades Transport Stage 2 Finniss Road Race

The big loop. Can you back up after this mornings efforts? It's flat but it will be windy.

The Course

From The General Store in Finniss riders will head to the Finniss-Milang Road.

All riders except Divisions 3 and 4 will then turn toward Clayton and on to Milang and then back to Finniss. Divisions 3 and 4 will initially continue along Finniss-Milang Rd until the turnaround point near Nine Mile Rd, head back toward Finniss and then turn left toward Clayton and on to Milang and Finniss

Div 1,2 Teams – 85km

Div 3, 4 Teams – 66km

Div 5 & F Grade – 43 km



Time Bonuses

Time bonuses are available for the first 5 riders at the finish.

Time bonuses are also on offer to the first 5 riders to cross the finish line area on lap 1 (heading westward – not F Grade).

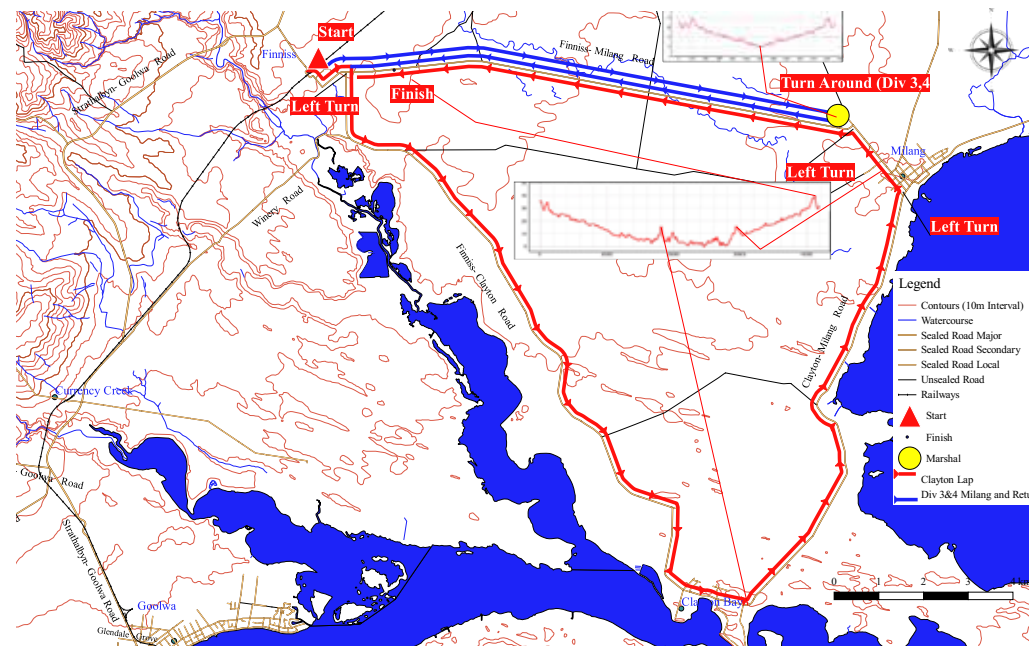
End of Lap 1 – 10, 6, 4, 3, 2 seconds
(Not Div 5 or F Grade)

Finish – 15, 10, 7, 5, 3, 2 seconds

TOUR of GOOLWA

Stage 2 Finniss-Clayton-Finish

Div 1&2: 2 Clayton Laps (85km)
Div 3&4 : Finniss to Milang and back then 1 Clayton Lap (66km)
Div 5 and F Grade: 1 Clayton Lap (43 km)



Finniss
General Store
café • fodder • shop

The Finniss General Store, also known as 'the Old Post Office' has been restored to a version of its glory days

Now operating as a Cafe, General Store and Fodder Shop, come in for a coffee, a meal or some fodder and say hello today!

3 Railway Terrace, FINNISS, SA 5255 Phone (08) 8536 0116

Goolwa Caravan and Camping Stage 3 Flagstaff Hill Road Race

Starting near Investigator College in Goolwa this course provides a challenging start to day 2 with multiple ascents of the short but very sharp Flagstaff Hill Rd.

F Grade will start at the top of Flagstaff Hill and complete a single loop of the course

Distance

Div 1,2 : 46.8 km

Div 3, 4, 5 : 28.3 km

F Grade : 17.5 km

Start Times

From 9:30am

Time bonuses

Top of Flagstaff first time -
5, 3, 2 seconds (not F Grade)

Finish - 7, 5, 3, 2, 1 seconds

Parking

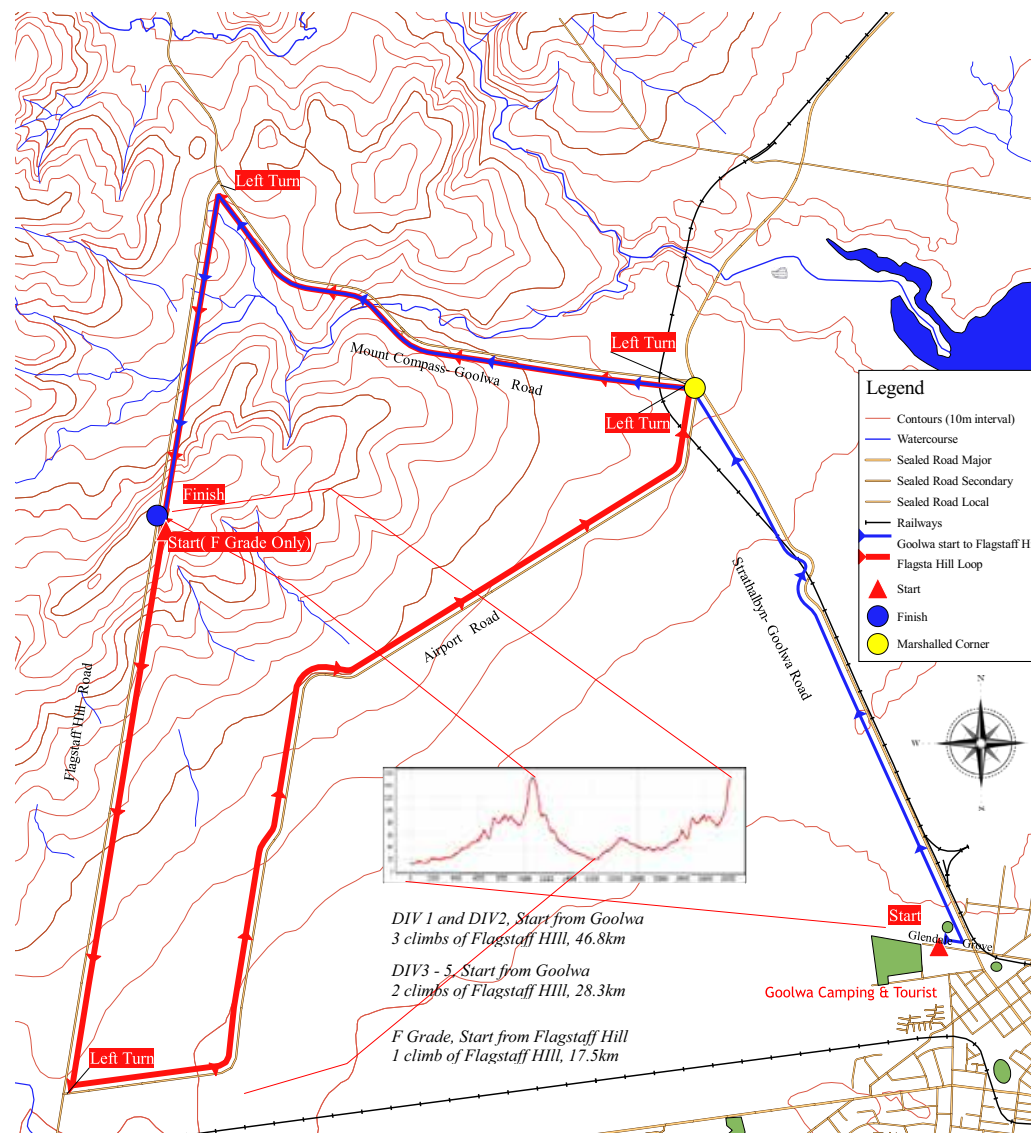
Is available at the top of Flagstaff Hill if required



TOUR of GOOLWA Stage 3. Flagstaff Hill



*F Grade Start at Flagstaff Hill, ALL OTHER GRADES Glendale Close Goolwa



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D & A Kelly Concreting "Harden Up" Crows Nest Hill Climb

Distance: 4km

Average Gradient: 6%

Elevation Gain: 222m

An individual hill climb time trial from Port Elliott and up the beautiful Crow's Nest Road. This is it, the final stage. The team's time is taken as the sum of the 3 fastest riders times.

Take a teaspoon of wet cement and harden up! Precious time can be gained or lost here for those with GC aspirations. Suck it up and go hard. No time bonuses on offer for this stage so make it count.

Start

The staging area for riders is at the base of Crows Nest/Waterport Rd. Riders should ensure they are at the staging area at least 5 minutes before their allocated start time.

Start Times

From 2:00 PM

Riders in Divisions 1-5 will be set off as individual teams or composite groups of 3-5 riders as per stage 1. Riders do not have to ride together and are permitted to draft only off

riders from their own start group.

Riders in F Grade will be set off at 30 second intervals as directed by the starter. During the event, riders in F Grade are not permitted to draft behind other riders or vehicles.

Cash bonus for record breakers

\$50 cash bonus for anyone who can set a new ToG record on the Crows Nest climb.

Current Record Holders

Men: Michael Tenniswood 09:50.36

Women: Nusha Kerin 11:04.3

Fastest Times

Zero Friction Cycling are kindly donating some amazing prizes for stage 4.

For the fastest time in each Division there is a specially prepared YBN SLA Molten Speed Wax chain for the fastest time in each of the Divisions. The overall fastest male and female riders up the climb will each receive the pinnacle in high performance drive train technology. The lightest and most technically advanced 10 and 11 speed chain in the world. A Molten Speed Wax prepared YBN Titanium chain

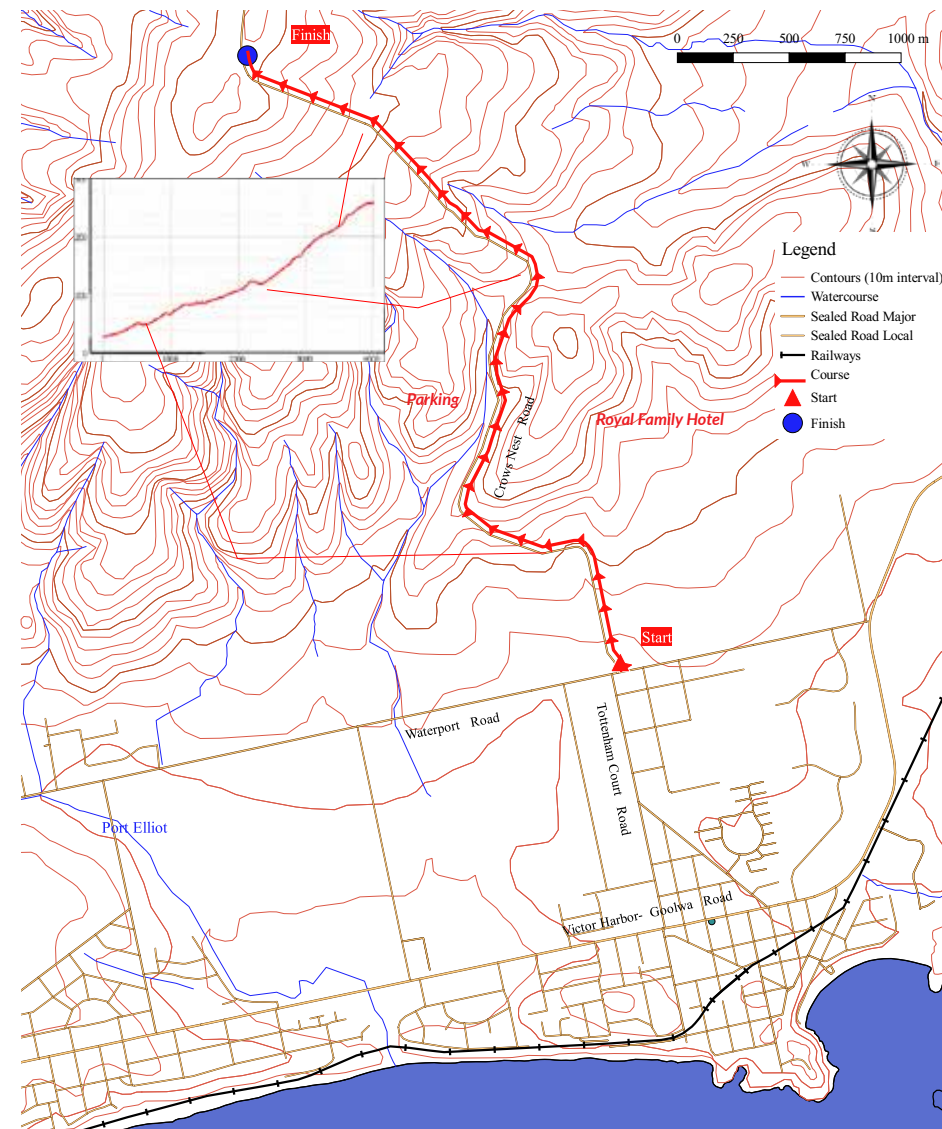
TOUR of GOOLWA

Stage 4 Start

Stage 4, Crows Nest Hill Climb

D & A Kelly Concrete

Phone: 0404 075 808



2017 Grade Winners

A - Dave Cullen
C - Claudio Cosca
D - Jon Herd
E - Ronald Balfour
F - Gavin Tamblyn

TEAMS

Div 1- Bicycle Express
Div 2 - ADX Depot 2
Div 3 - ADX Depot 3
Div 4 - C Howwego
Overall Team- ADX Depot 2

Individual Overall

Div 1 Richard Walsh
Div 2 Daniel Key
Div 3 Vin Kelly
Div 4 Colin Chapman

2013 Grade Winners

A - Adam Lockwood
B - Ben Whitlock
C - Andrew John
D - Tony Simes
E - Geoff Hillman
F - Chris Cuthbert

2016 Grade Winners

A - Michael Teniswood
B - Sam Jeffries
C - Tony Simes
D - Graham Joyce
E - Jason Langbein
F - John Toshach

TEAMS

Div 2- Walkerville Physiotherapy
Div 3 - Smart Switch Electrical
Overall Team- Smart Switch Electrical

Individual Overall

Div 2 Mark Sierp
Div 3 Dave Dobson

2015 Grade Winners

A - Jarrod Currie
B - Mark Long
C - Bryan Wilson
D - Paul McCarron
E - Geoff Hillman
F - John Toschach

TEAMS

Little Red Grape

Individual Overall

Simon Little

2014 Grade Winners

A - Scott Nolan
B - Adam Kerin
C - Bill Drodge
D - Maarten Nieuwenhoven
E - Geoff Hillman
F - Teresa Molyneux

TEAMS

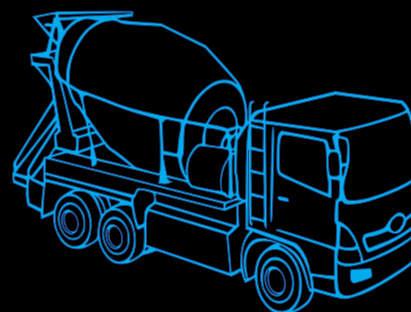
BE BMW

Individual Overall

Mark Sierp



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The ADX DEPOT TOUR OF GOOLWA isn't the only cycling challenge offered by the AHMCC.

Check out our Race Calendar on the Web for some more great races on a range of varied courses.

Join our 3 RACE SERIES starting with a flat race at Boggy Lake, followed by some hills at Kenton Valley and finishing with a buzz around Bradbury.

Ride some dirt through the hills of Harrogate or push some steep gradients on the FivePeaks race.

And don't forget our memorable Opens. The Wolfgang Harder Handicap, Burford Hill and The Adelaide Hills Toyota Classic.

All races are open to any member with an AVCC license.



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Good luck to all cyclists in the Tour of Goolwa



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